

Not Good for Man to be Alone

"Her husband is known in the city's gates, when he sits among the elders in the land." Proverbs 31:23 Amplified



Number 26 in the series "God's Virtuous Woman"

This man was a respected leader in his community, and from all we have studied in Proverbs 31, verses 10 till now, he had a godly wife who encouraged and supported him. Genesis 2:18 reads, *"Now the LORD God said, 'It is not good that man should be alone; I will make a helper comparable for him.'"*

God is the creator of the universe and it is His right to set His kingdom in order. God ordained man to be the head of the family. However, He said it is not good for man to be alone. God saw that man needed a helper, and He created woman to be that helper.

Even in the church, men will rebel against God's order. Jesus Christ came as a servant; He came to help each one of us. Helper is not a lowly, unimportant role. It is a high calling from God. We should be delighted to follow Jesus' example. The Proverbs 31 woman made sure her husband knew he was not alone. So many people struggle with feelings of loneliness, not only single people. We can be married, live in a home full of people, be in crowds and still feel alone.

When our mate, children, or friends struggle with temptations, we need to encourage them to let them know they are not alone, to let them know we care, that we are praying for them, and that we are willing to help them. At home, at work, and at school, we are in constant warfare. We need each other. It is so easy to think and speak negatively, but we need to let people know, even when they fall in sin (and especially then) that we love them,

that they are not alone and we are willing to help. When people are sick, lose a job or a loved one, whether the battle is spiritual, physical, mental, or emotional, it's not good for anyone to be alone.

I prayed years ago and continue to pray, "God, please make me a helper for my husband. I want to be a godly wife, at home and everywhere I go. I want to be lifting up my husband, building him up and not tearing him down." The Proverbs 31 woman glorified Jesus at home, as a wife, a helper and mother. She also glorified Jesus in her community with her work, with her wisdom, and when she helped the needy. Her reputation brought praise to her husband and family, and most of all, it brought praise to God.

God's amazing grace since I became a believer has been teaching me how to be my husband's helper. When there is pressure on his job and this world wants to tear him down, I make sure he knows by my love, encouragement and patience that he is not alone. I make his home a refuge, a place of peace, a place of rest. Brothers and sisters of Christ, let your loved ones know, "You are not alone...I care." Most importantly, let them know, "You are not alone...Jesus cares." Jesus promises the believer, *"I'll never leave you or forsake you."*

— Janice McBride

Preparing Christ's Bride Ministries

1941 Croftdale Dr., Florissant, MO 63031 • janice@janicemcbride.com

Preparing Christ's Bride Ministries is an international ministry. Janice is from Scotland and lives in St. Louis, Missouri with her husband, Richard. They minister at retreats, churches, military bases and prisons, helping people to glorify Jesus through obedience to His Word.